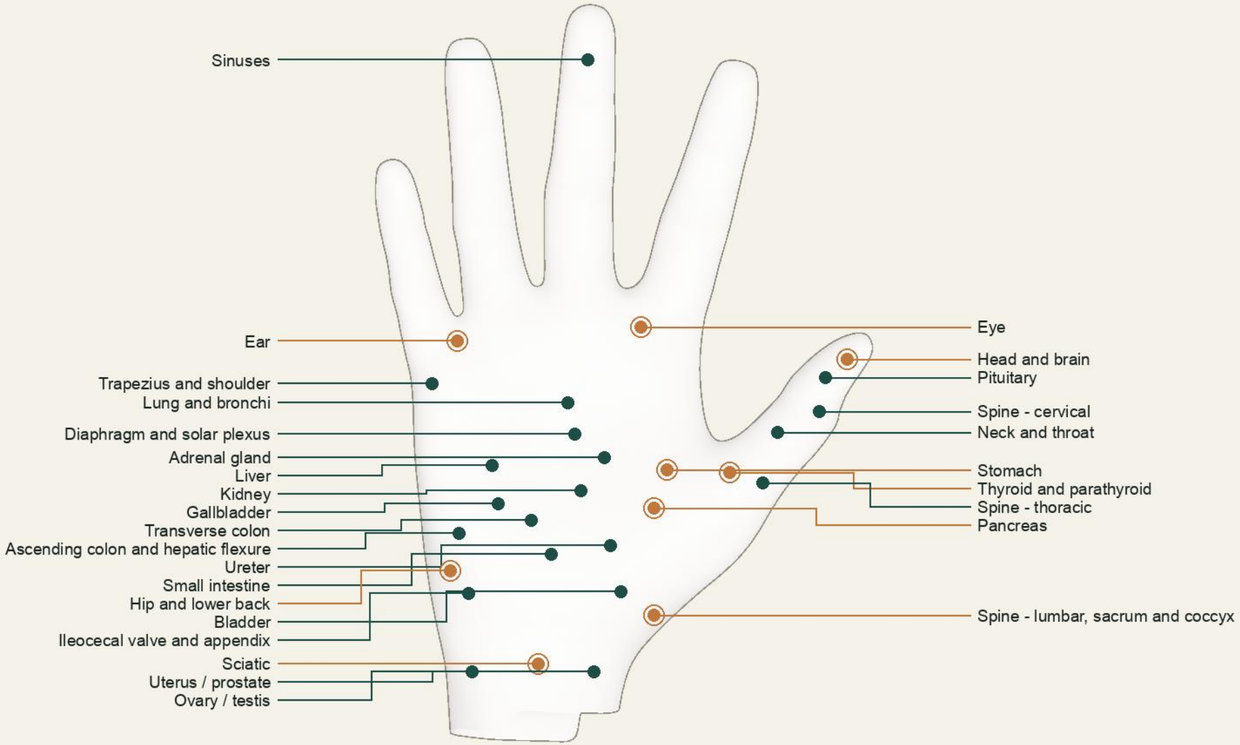
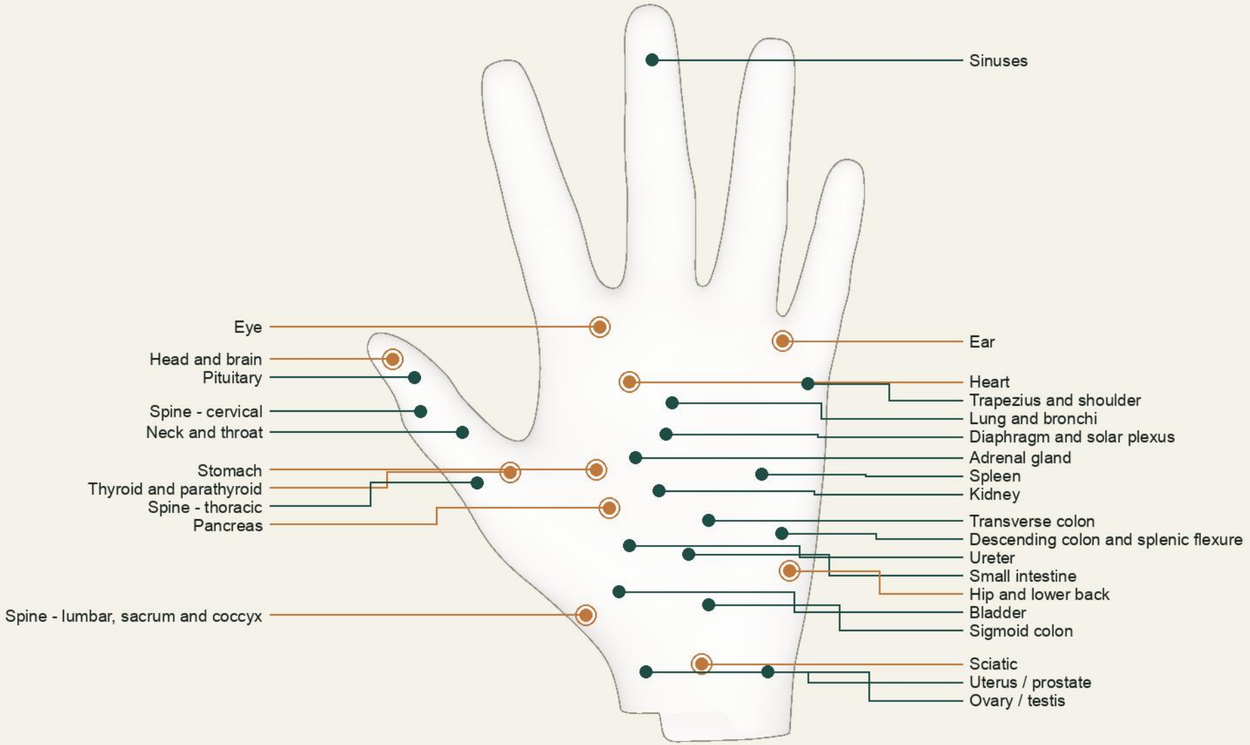
Hand Reflexology Chart — Palms

reflexology.zone — every area attributed to the tradition that places it there



Right hand



Left hand

● schools agree on this placement

◉ schools place this differently — see the site

Traditional practice. Not a medical treatment.